

Compassion Fatigue Links and Info

Compiled by Laurie Daily-Johnston



Linda Harper & Faith Maloney

<https://www.drindaharper.com>

- **Compassionate Lifesaving: Taking Care of You and Your Team to Save More Animals, Part 1 of 2 (Linda Harper and Faith Maloney) – Saving Nevada Pets Conference 2019**
<https://youtu.be/2dq-KyIOHNO>
- **Compassionate Lifesaving: Taking Care of You and Your Team to Save More Animals, Part 2 of 2 (Linda Harper and Faith Maloney) – Saving Nevada Pets Conference 2019**
https://youtu.be/-2ZkP_dflGc
- **Shelter Success Simplified**
Ep35 - How to support your team's compassion fatigue with clinical psychologist Linda Harper
<https://www.humanenetwork.org/podcast/episode/33684a6d/how-to-support-your-team-with-compassion-fatigue-ep35>
- **Mindful Lifesaving (Linda Harper and Faith Maloney)**
<https://s3fs.bestfriends.org/s3fs-public/Thurs%20Mindful%20lifesaving%20Harper%20Maloney.pdf?4iD9DYbvE6a.ITxjm7zYrFkTerwdXWHx>

Jessica Dolce

<https://jessicadolce.com/>

- **Practicing Compassionate Badassery: Shifting From Self-Care To We-Care**
<https://jessicadolce.com/self-care-to-we-care/#video>
- **Increase Your Compassion Resilience with Jessica Dolce**
<https://www.youtube.com/watch?v=oNKQZhYcOPg>

ASPCAPro

<https://www.aspcapro.org/resource/stress-and-animal-protection-work>

Animal Sheltering

<https://www.animalsheltering.org/magazine/articles/weight-caring>

<https://www.animalsheltering.org/topics/compassion-fatigue>

Podcasts

Shelter Success Simplified

Ep39 - How to prevent your own compassion fatigue with Anne Lindsay of the Massachusetts Animal Coalition

<https://www.humanenetwork.org/podcast/episode/23376a8c/tips-for-preventing-your-own-compassion-fatigue-ep39>

Online Courses

ASPCA® Cornell Maddie's® Shelter Medicine Online Courses

Register or Login to Enroll in These Courses (*Use enrollment key "aspcapro" if registering for the first time*)

Multiple courses are available in this course.

Caring this Much is Exhausting! The Emotional Challenges of Working in An Animal Shelter or Rescue Environment

<https://www.aspcapro.org/training-online-courses/aspcar-cornell-maddiesr-shelter-medicine-online-courses>

The Association of Animal Welfare Advancement – Learning Center

02/05/20 Going Through Hell? Keep Going!

You can register for free as a Learning Non-Member. Search for the Going Through Hell Series- 5 part webinar.

<https://learning.theaawa.org/>

<https://learning.theaawa.org/products/going-through-hell-keep-going-series>

Videos

Build Resilience and Excitement Around Change

April 2020 by Shelly Thompson, Tawny Hammond, Cheryl Schneider, Teresa Johnson and Lee Ann Shenefiel.

This presentation was recorded by Maddie's Fund® at the 2020 American Pets Alive! Conference.

<https://youtu.be/FX6krrmm7E>

Personnel Satisfaction - Managing Compassion Stress (Part 1 of 2)

July 2019 by Karen Walsh, CAWA, LVMT, CFE, Director of Animal Relocation, ASPCA. *This presentation was recorded at the 2019 ASPCA Maddie's® Cornell Shelter Medicine Conference.*

<https://youtu.be/zLoPz99l1x4>

Personnel Satisfaction - Managing Compassion Stress (Part 2 of 2)

<https://youtu.be/gqkQfX3UH14>

Books

The Power of Joy in Giving to Animals

Linda Harper and Faith Maloney

https://www.amazon.com/dp/0991334035/ref=cm_sw_em_r_mt_dp_YmxQFbG4Q9X07

To Save a Starfish - A Compassion-Fatigue Workbook for the Animal Care Warrior

by Jennifer A. Blough, LLPC

[https://www.amazon.com/Save-Starfish-Compassion-Fatigue-Workbook-Animal Welfare/dp/069275542X](https://www.amazon.com/Save-Starfish-Compassion-Fatigue-Workbook-Animal-Welfare/dp/069275542X)

The Pet Loss Companion

by Ken Dolan-Del Vecchio and Nancy Saxton-Lopez

<https://www.amazon.com/Pet-Loss-Companion-Healing-Therapists/dp/1484918266>

Compassion Fatigue in the Animal-Care Community

by Charles R. Figley, Ph.D. and Robert G. Roop, Ph.D.

https://www.goodreads.com/book/show/603759.Compassion_Fatigue_in_the_Animal_Care_Community